

LENA THARA

FILM

You Can't Win Studio tutor CAPS Universal

Kimi Background talent Rose City Productions

Ember Background talent Mong Hong Chung/M.A. Studios

Mock Trial: Deposition of Ms Smith, Principal Actor, Just Perspectives, LLC

TELEVISION

Station 19 Background talent/Season 3 ABC Studios

The Three Busy Debras Background talent/Season 2 Alive and Kicking, INC

The Uncertain Detective Background talent/Season 3-4 Uncertain Productions

Life Out of Mike Supporting actor/Season 1 Droid Tron Productions

Criminal Amazon Prime video series Background talent/Season 1 Big Indie Gemini

Visit Portland commercial Background talent Weeble Mountain

CFMOTO 2025-2026 motorcycle commercial Principal actor Rally Studios

THEATER

Heritage Values: Japanese American Stories Omoide Actor Seattle Rep

CORPORATE

Post-surgery home health care patient Actor Medbridge

Body cam AI Law Enforcement Surveillance Actor LXT

Microsoft Architectural Photoshoot Extra ZGF

Apple, Inc. Principal Freeform actor Novus Select

Pfizer commercial Background talent Nicola Kirkpatrick

Boehringer Medical Product Model Paige Dorian

PRINT/VIDEO ONLINE CONTENT

Tanaor Bible Jewelry Model Goodo Studios

Ikigai Pill Cases Model Goodo Studios

Natural Stacks Brain Health Supplements Model Goodo Studios

Aegis Living Retirement Home Background talent Ankrom Moisan

Rocket Money APP Principal actor C Siddons

Kardia Medical Product Model Goodo Studios

Cane Masters Product Model Goodo Studios

EDUCATION/TRAINING

B.ED./Home Economics, University of Hawaii, 1976

M.S./Family Studies Central Washington University, 1985

Monologues, Social Media, Nine9 Virtual Workshops, 2024

Audition training Amy Jo German Virtual Workshops, 2024

SKILLS

American & Chinese Mahjong instructor

Indie Publisher: Easy Balance Exercises for Seniors: A Holistic Approach

Judge: Future Business Leaders of America, 2012-2025

7-15-2025